ACCESS RECREATION
BOSTON

Or, “Cutting Out that Awkward Google Searching”
History

- Founded in 2008, formalized in 2013
- 51 member organizations and growing – representing thousands of people with disabilities statewide
- 350+ professionals

Goals

- Powerful, collaborative network of services
- Single hub of information
- Increase/enhance recreation opportunities for people with disabilities
Connecting people with disabilities to accessible recreation opportunities – Supporting the professionals who make it happen!

CALENDAR

- **Adaptive Sports Medicine Clinic**
  - On Going - Click for Details
  - Spaulding Rehabilitation Hospital
  - Charlestown, Massachusetts

- **Fall Lesson Block/Therapeutic & Recreational Horseback Riding**
  - On Going - Click for Details
  - Ironstone Farm
  - Andover, MA

- **Kids Space Afterschool for ages 16+**
  - On Going - Click for Details
  - Tobin Community Center
  - Randolph, MA

- **Kids Space Afterschool for ages 10-13**
  - On Going - Click for Details
  - Tobin Community Center
  - Randolph, MA

- **Cape Ann Bowling**
  - November 1 6:30pm
  - Cape Ann Lanes
  - Gloucester, Massachusetts

- **Yoga**
  - November 1 6:00pm
  - Northeast Arc Southside Rd.
  - Danvers, Massachusetts

- **Wheelchair Basketball**
  - On Going - Click for Details
  - South Shore YMCA Quincy Branch
  - Quincy, MA

- **Arts and Crafts**
  - November 2 7:00pm
  - Northeast Arc Southside Rd.
  - Danvers, Massachusetts

NEWS

- **July 30, 2017**
  - **Members Only: Access Rec’s Ready All, Rowl Summer Social**
  - As the professionals who help other people play, it’s critical that we take time to renew ourselves, get new ideas, and connect with others. Join Access Recreation Boston for a members-only evening of professional development and recreation!
  - Sign me up Thursday, August 17th 4:30-8:00 p.m. Must be a current Access Rec Member to participate.* There is […]
  - Read on…

- **July 7, 2017**
  - **Access Rec Fall Conference: Thursday, October 26th**
OUTDOOR WINTER RECREATION

Sunday January 28 12:00pm - 4:00pm
Event Status: Planned
Leo J. Martin Ski Track Per donation
190 Park Road
Weston, MA

Disability Served: Autism, Brain Injury, Hearing, Intellectual, Mental Health, Physical, Visual
Communities Served: Adult, Family, Teen, Veterans, Youth

View / Download a brochure

Winter recreation is accessible for people with disabilities, their friends and families with adaptive equipment, supportive techniques and assistance as needed. Equipment, instruction & support provided. Snow made on site! Trails groomed daily!

Join us for cross-country skiing, kicksledding, snowshoeing, sit-skiing, as well as other games/activities.

Contact:
DCR Universal Access Program
Contact Name: Rachael Lee
Phone: 413-545-5743
rachael.lee@state.ma.us
www.mass.gov/dcr/universal-access

Pre-registration is required. To register or for more information contact Brenda Kennedy Davies at 413-259-0009 or brenda@outdoor-access.org.
In the event of poor weather or if you need to cancel, please call 413-259-0009.
Volunteers welcome! To volunteer contact the email address or phone number above!
Activity Analysis

How do the basic requirements for any given activity match up with an individual’s skills and needs?
Help Build the Hub of Recreation Info

- Introduce us to your favorite programs!
- Share with other families
- Invite us to resource fairs or to speak with your group
- Let us know what resources you want to see on the site