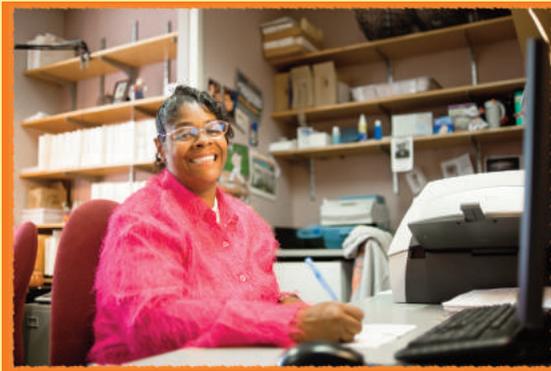




## How Do We Do it?

From early childhood intervention to supporting employment, from personal care to policy advocacy and programs that expand opportunities, The Arc is here to empower people with I/DD and their families.



217 South Street  
Waltham, MA 02453  
[www.arcmass.org](http://www.arcmass.org)



## Supports and Services

Two hundred thousand citizens of the Commonwealth with intellectual and developmental disabilities (I/DD) and their families turn to The Arc of Massachusetts (The Arc) to serve, support and advocate for them throughout their lifetimes.

The Arc is a strong statewide network of 18 community-based chapters promoting and protecting the rights of people with I/DD to live, learn, work and play as contributing members of their communities.

For people with autism, Down syndrome or any of the more than 100 diagnoses of I/DD, The Arc works to foster respect, raise awareness and remove barriers to full inclusion and acceptance.



*Achieve With Us.*

## CREATING CHANGE

The Arc has created real and personal change for thousands of people in Massachusetts with I/DD by playing an instrumental role in local, state and federal policy, leading a statewide network of chapters, providing direct services and supports and mobilizing a vast grassroots advocacy network to challenge the status quo.

## SHAPING PUBLIC POLICY

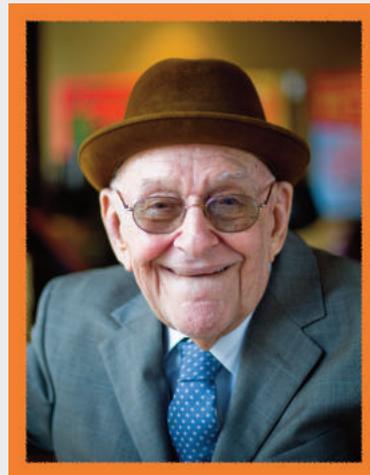
A team of dedicated policy experts work at the local, state and national level to ensure our leaders understand the needs and concerns of people with I/DD. The Arc utilizes grassroots action and seasoned policy advocates to affect the legislative landscape. Key achievements include helping to develop and pass the landmark Americans with Disabilities Act (ADA) and recent health care reform.

Sign up at [www.arcmass.org](http://www.arcmass.org) to receive Advocate, a quarterly newsletter, The Arc Notes, a weekly electronic newsletter, and Action Alerts about policy issues.

## DRIVING INNOVATION

The Arc provides thousands of children and adults with a range of services, family supports including respite and social-recreational activities, employment, community living and training. These are a few of the ways in which The Arc is changing the lives of people with I/DD. Learn more at [www.arcmass.org](http://www.arcmass.org)

- **Operation House Call** – educates medical students and graduate level health professionals on best practices in working with children and adults with intellectual and developmental disabilities (I/DD).
- **HealthMeet®** - Through this program, we are working with The Arc national, the Center for Disease Control, and 12 local partners to better understand health disparities faced by people with I/DD.
- **Real Friends Project** - partners with the Department of Developmental Services to teach the benefits of relationships between people with disabilities and people without disabilities.
- **SUPPORTbrokers** - provides direct assistance to individuals with disabilities and their families to help them meet any goal of community living -- employment, social, residential, and educational.



## LEADING COLLABORATION

The Arc of Massachusetts demonstrates leadership in collaboration. Some examples include:

- Advancing family and individual self-direction of supports as a member of Massachusetts Alliance for 21st Century Policy.
- Hosting innovation forums for chapters of The Arc and publishing studies of unmet needs.
- Providing our offices as a meeting place for statewide disability organizations.
- Partnering with state and/or other agencies in addressing health care inequities, advancing “employment first” policy and addressing the needs of those without services.



## How can The Arc Make a Difference in your Life?

The Arc in Massachusetts Includes the Following Local Chapters:

The Arc of Opportunity/North Central • Berkshire County • Bristol County • Brockton Area • Cape Cod Center of Hope Foundation • Charles River Center • EMarc • Greater Haverhill-Newburyport Greater Lawrence • Greater Plymouth • Greater Waltham • Minute Man • Northeast South Norfolk • South Shore • The United Arc/Franklin-Hampshire

- Find a chapter
- Volunteer
- Stay informed
- Become a chapter
- Donate
- Join

Contact us at:

217 South Street, Waltham, MA 02453  
781-891-6270 • [Arcmass@Arcmass.org](mailto:Arcmass@Arcmass.org)

[www.arcmass.org](http://www.arcmass.org)

Follow us:



If you need help, or if you want to help, The Arc wants to hear from you. Connect with your local chapter or learn more about I/DD and The Arc.