• Transition overview
• Key elements of the process – Collaboration
• Person Centered Planning (PCP)
• Parents’ perspective – my story
TRANSITION OVERVIEW

What now?
**KEY ELEMENTS**

- Timing – how soon should we start?
  - Team – who should be part of the transition team?
  - Planning - create a road map
  - Resources – who/where/how?
  - Measure your success – follow-up
What is PCP?

Is a step-by-step process used to help gather relevant information about a person. Each step contributes to discovering a fuller picture of the entire person, not only the limitations identified. It's an approach that will help build the future of that person.
THE ROLE OF THE FACILITATOR

- Explore what matters to a person by listening to and learning from the person and those who know them best.

- Identify important relationships & allies. Develop a circle of support while continually building and deepening personal relationships and expanding community allies.

- Discover capacities and assets in the individual and their family, neighborhood, and support network to find ways to develop a vision of a meaningful life.
WHAT WORKS? - WHAT DOESN’T?

PCP focuses on a positive vision for the future based on the person’s strengths, preferences, and capacities for acquiring new skills, abilities, and personality. It focuses on what a person can do versus what a person cannot do.
PERSON CENTERED PLANNING

STEP BY STEP!

• Start at least 5 years prior to transition
• Select the members of the team
• Develop your plan, create a timeline
• Consider: skills, abilities, IEP, vocational, work opportunities
• Discuss: benefits, guardianship, housing, transportation
PERSON CENTERED PLANNING
STEP BY STEP!

• Create an IEP Transition Checklist
• Execute your plan, monitor, revise as needed
• Celebrate and share PCP & transition plan
A TRANSITION SUCCESS STORY
STEP BY STEP!

• Parents – get mentally prepared
• Gather information and data (PCP)
• Analyze your options
• Work with your school and Federal Agencies
• Make a decision
TRANSITION: A THREE-WAY STREET

- My vision – beyond 22 y/o
- Evaluate my options:
  - Option #1 - Keep my daughter at home
  - Option #2 - Have her join a group home
  - Option #3 - Create a “combo” or a specialized program to meet her specific needs
TRANSACTION: A THREE-WAY STREET

• My decision: Option #3
  • Location
  • One-on-one support
  • Community involvement
  • Ability to coordinate a smooth transition
  • State Agencies - financial support
GETTING READY: PCP APPROACH

• Work closely with Perkins School
• Identify strengths and weaknesses
• Find activities/volunteer/jobs around the Boston Greater Area Community
• Recruit caregivers ahead of time
• Create strategy to train all staff
ROAD MAP

• Agree on goals identified via PCP
• Create activities to support goals
• Find businesses where she could perform such activities (location crucial, <10 miles)
• Find her new home (within 5 miles)
ROAD MAP

• Find her day program (specific criteria)
• Able to offer one-on-one support
• Transportation to all activities
• Staff must be qualified (deafblind tng.)
• Location within 10 miles from new home
ROAD MAP

• Define day program schedule
• Mondays Off
• Tue through Fri, 9:30am – 3:00pm
• Define apartment coverage 24/7, Mon-Fri
• Create staff schedule/working hours and shifts
• You are now ready – MAKE IT HAPPEN!
READY FOR Transition!
MY OT TEACHER HELPED ME GET READY FOR MY FIRST JOB!
JOB #1

CHIMBO IN ACTION!
MY MOMMY HELPED ME PREPARE FOR MY SECOND JOB!
JOB #2

MAKING & DELIVERING PROTEIN SHAKES!

CHIMBO DELIVERS SHAKES TO CUSTOMERS AROUND THE GREATER BOSTON AREA
THE TRANSITION JOURNEY STARTS NOW!

ARE YOU READY?

EVERY MINUTE COUNT!