



A Family Perspective: Charting the LifeCourse Key Principles



November 4, 2021



WHY We Must Think Differently About Supports



75%

25%

ONLY 25% OF PEOPLE WITH IDD
ACCESS FORMAL OR PAID SUPPORTS
WITHIN THE DD SYSTEM

WHAT ABOUT THE OTHER 75%?



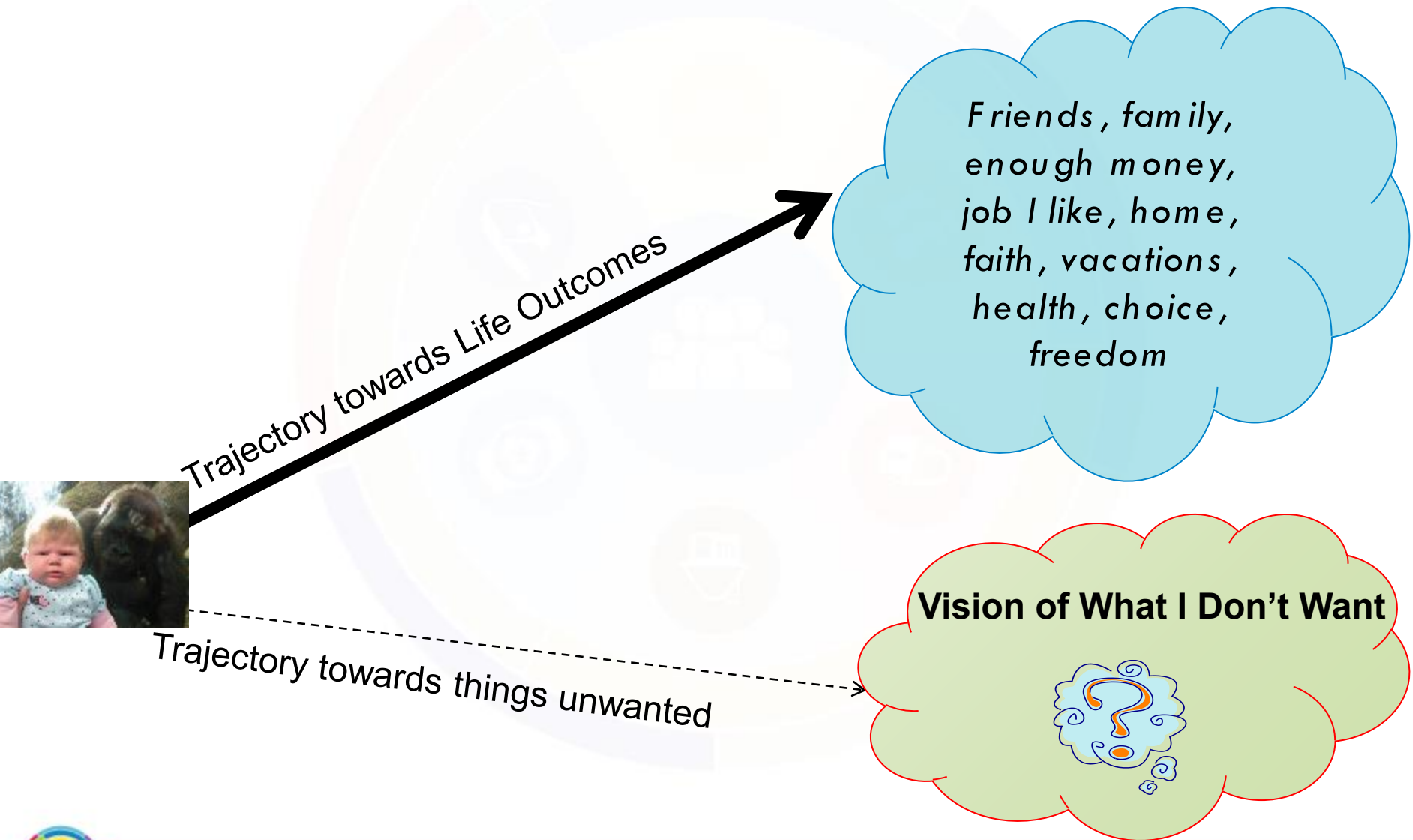


ALL individuals Exist within the Context of Family

- Family is defined by the individual
- Individuals and their family may need supports that adjust as roles and needs of all members change
- Not dependent upon where the person lives



Vision & Trajectory for a Good Life



Achieving Outcomes for Connected Life Domains



Daily Life and Employment
(school/education, employment,
volunteering, routines, life skills)



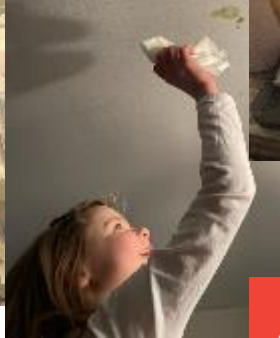
Community Living
(housing, living options, home
adaptations and modifications,
community access, transportation)



Social and Spirituality
(friends, relationships, leisure
activities, personal networks,
faith community)



Achieving Outcomes for Connected Life Domains



Healthy Living
(medical, behavioral, nutrition, wellness, affordable care)



Safety and Security
(emergencies, well-being, legal rights & issues, guardianship options & alternatives)



Citizenship and Advocacy
(valued roles, making choices, setting goals, responsibility, leadership, peer support)



The “3 Buckets” of Support



Connecting & Networking

(Talking to
someone that
has been
there)



Discovery & Navigation

(Info and
Training)



Goods & Services

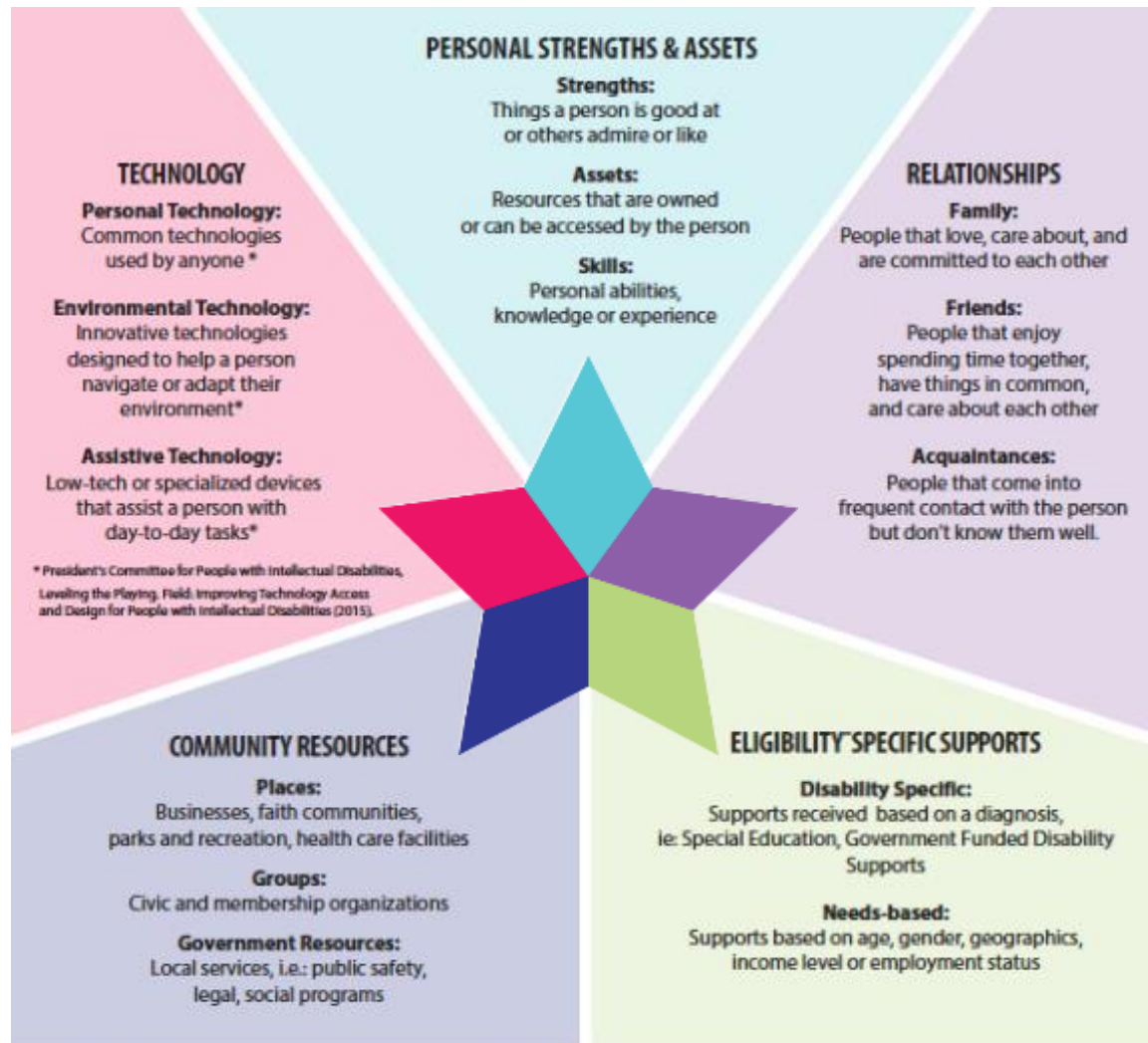
(Day to Day,
Medical,
Financial
Supports)



Charting the LifeCourse Integrated Supports STAR



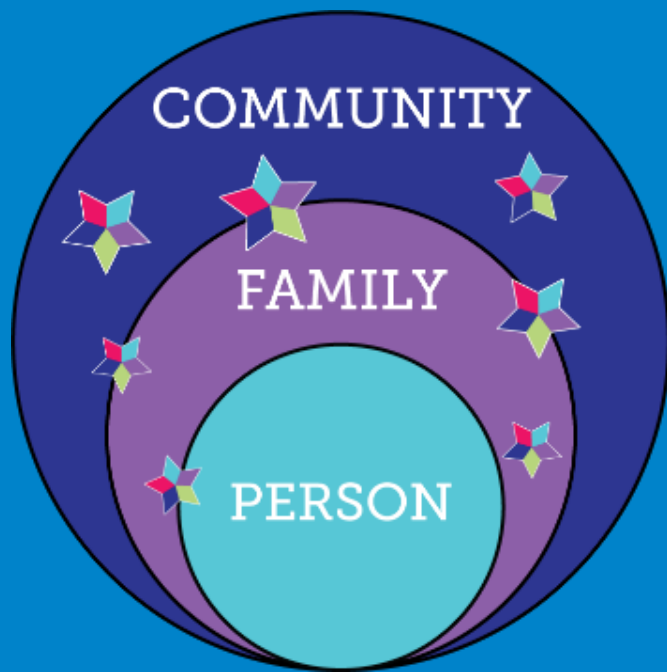
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* President's Committee for People with Intellectual Disabilities, Leveling the Playing Field: Improving Technology Access and Design for People with Intellectual Disabilities (2015).

Developed by the UMKC Institute for Human Development, UCEDD, July 2016

Charting the LifeCourse Integrated Supports STAR



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RELATIONSHIPS

Family:

People that love, care about, and are committed to each other

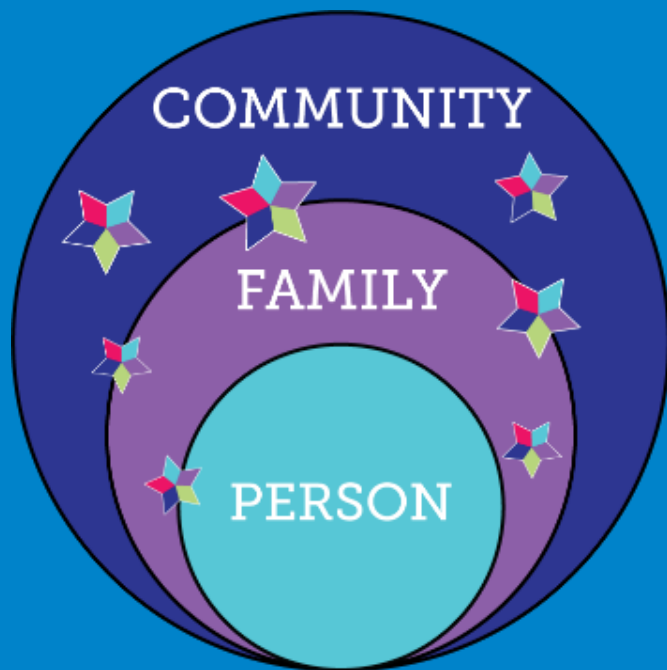
Friends:

People that enjoy spending time together, have things in common, and care about each other

Acquaintances:

People that come into frequent contact with the person but don't know them well.

Charting the LifeCourse Integrated Supports STAR



100%



PERSONAL STRENGTHS & ASSETS

Strengths:

Things a person is good at
or others admire or like

Assets:

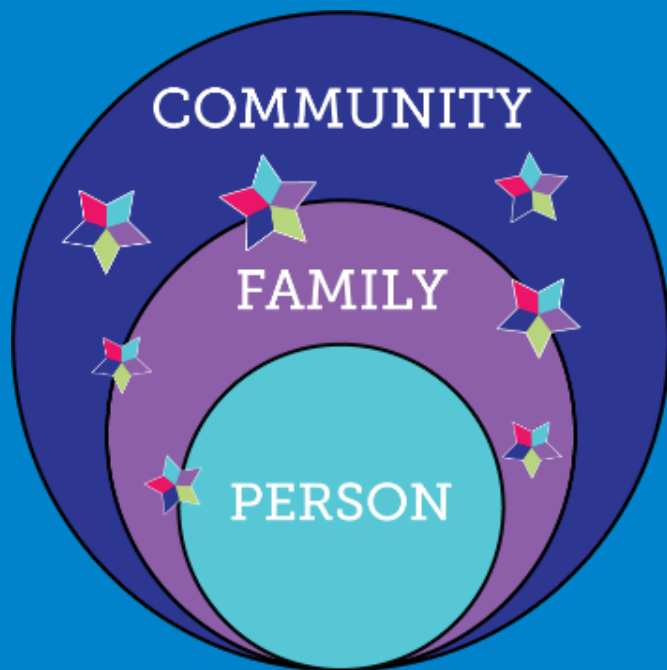
Resources that are owned
or can be accessed by the person

Skills:

Personal abilities,
knowledge or experience



Charting the LifeCourse Integrated Supports STAR



100%



TECHNOLOGY

Personal Technology:
Common technologies
used by anyone *

Environmental Technology:
Innovative technologies
designed to help a person
navigate or adapt their
environment*

Assistive Technology:
Low-tech or specialized devices
that assist a person with
day-to-day tasks*



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COMMUNITY RESOURCES

Places:

Businesses, faith communities,
parks and recreation, health care facilities

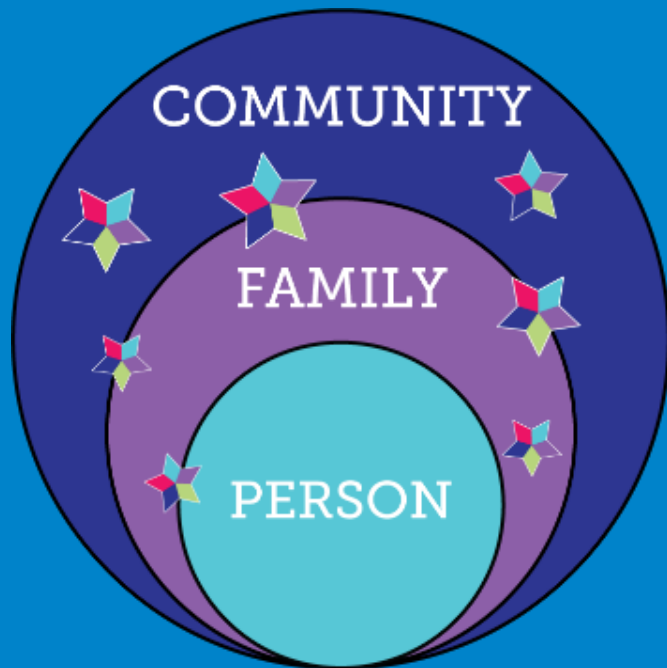
Groups:

Civic and membership organizations

Government Resources:

Local services, i.e.: public safety,
legal, social programs

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ELIGIBILITY-SPECIFIC SUPPORTS

Disability Specific:

Supports received based on a diagnosis,
ie: Special Education, Government Funded Disability
Supports

Needs-based:

Supports based on age, gender, geographics,
income level or employment status

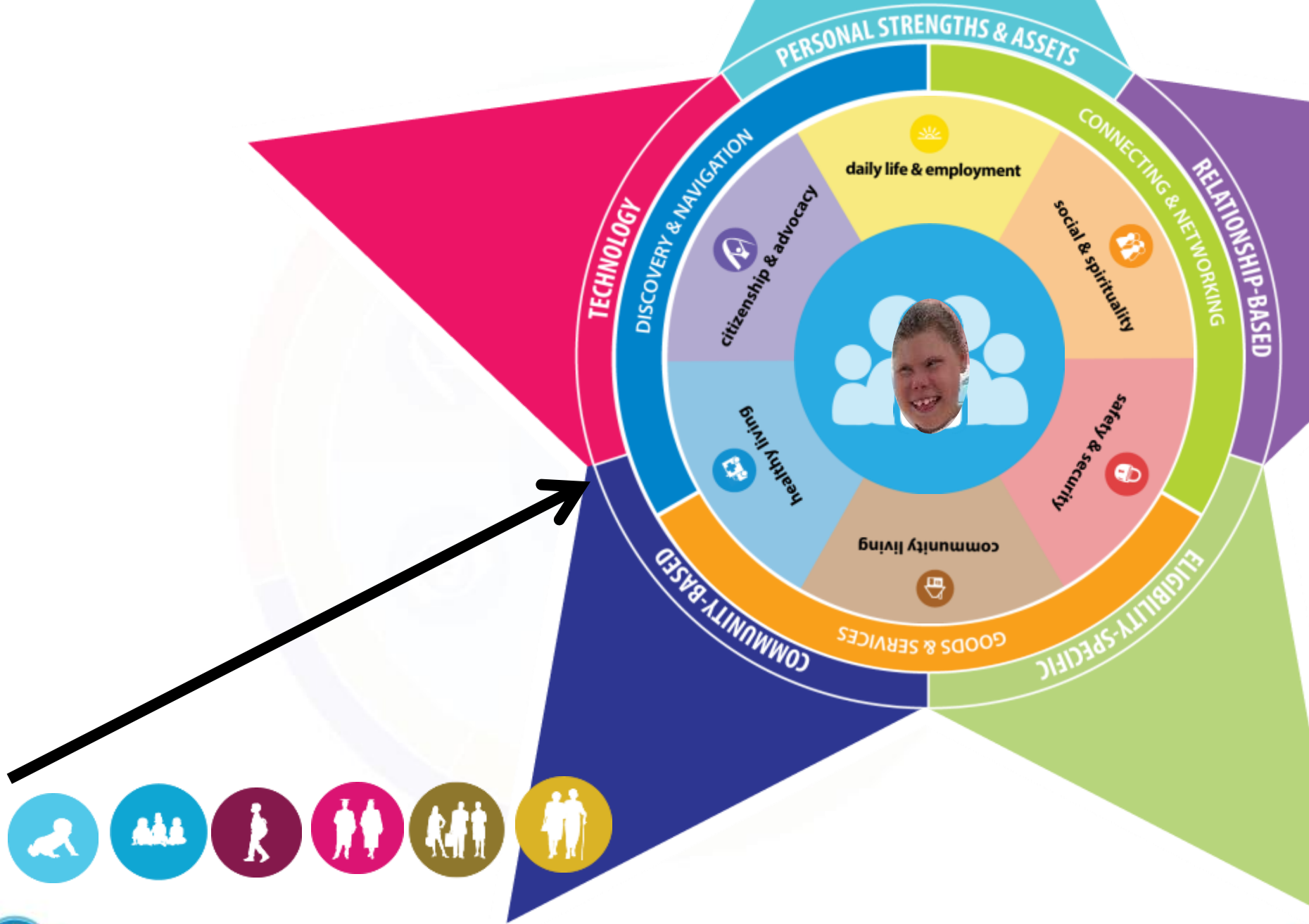


Partnering with People with Disabilities and their Families



So they can Engage, Lead, and Drive
Policy and Systems Change









Life Trajectory, Experiences and Life Stages

